# George D. Lane, DPM, DABFAS, FAAPSM

# 1560 Wagonwheel Rd, Midlothian, VA 23113

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* **Practice History**
  + SynergyHealth Foot and Ankle, Midlothian, VA, 12/2023 to present
    - Running injury specialist for the group practice
    - Lead podiatrist – Ancillary Services division
      * Manage nursing and assisted living patients
  + Achilles Foot and Ankle Center, Greater Richmond, VA area, 3/2019-9/2023
    - Lead podiatrist - Ancillary Services division
  + Superior Foot Supports, Greater Richmond VA area, March 2018-present
    - Founder and owner – custom orthotic services provider
  + Adult & Child Foot & Ankle Care – Midlothian, VA. March 2015-March 2018
    - Associate
  + Strong Foundations Foot and Ankle Center – Falls Church, VA. 2012-2015
    - Founder and owner
    - Endurance Athlete Center’s foot and ankle specialist
  + **Fox Mill Foot & Ankle Center – Reston, VA. 2000-2012**
    - **Ownership Partner**
* **Education**
  + Georgetown University Hospital
    - Chief Resident, Dept of Plastic Surgery Limb Salvage Division, 1999
  + Northern Virginia/INOVA Fairfax Hospital Podiatric Residency Program, July 1997-June 2000 (PSR-36)
    - Chief Resident, Podiatric Surgery, 2000
    - Academic Sponsors: Georgetown University Hospital, Medical College of Virginia
      * Training encompasses all aspects of forefoot, rear foot, and ankle surgery including lower extremity trauma, elective forefoot, rear foot and ankle reconstruction, pediatric surgery, foot and ankle arthroscopy, diabetic limb salvage, and plastic surgery of the foot and ankle (flaps/skin grafts)
  + Pennsylvania College of Podiatric Medicine, 1993-1997
    - Summa Cum Laude and Valedictorian, Class of 1997
    - President, American College of Foot and Ankle Surgeons Student Chapter, 1995-1996
    - Editor in Chief of ***Instep*** (PCPM Scientific Journal), 1995-1996
    - Numerous academic and clinical awards, honors, and scholarships (details available upon request)
  + Virginia Tech
    - Bachelor of Science: Building Construction, June 1989
    - Cross-country and track team member, 1984-1986
* **Additional Training**
  + Foot and Ankle musculoskeletal ultrasound workshop
    - APMA National Conference, July, 2017
  + ACFAC Advanced Trauma Workshop
    - Certificate of Completion, Chicago, IL, 2011
  + External Fixation Workshops/Seminars
    - Ace Depuy, Pittsburgh, PA, December, 2004
    - American College of Foot and Ankle Surgeons, February, 2003
    - Orthofix, Scottsdale, AZ, November, 2002
  + Extracorporeal Shockwave Training Course for Chronic Heel Pain
    - August, 2002
  + Advanced Cardiac Life Support, George Washington University Medical College
    - Certificate of Training, August, 2002
  + Advanced Surgical Techniques: Skin Grafts and Skin Flaps for the Podiatric Surgeon, December, 1999
  + Advanced Cardiac Life Support, George Washington University Medical College
    - Certification, November, 1999
  + Laser Surgery Workshop, Fairfax Surgical Center, Fairfax, VA
    - Successful Course Completion, February, 1998
  + ACFAS Arthroscopic Surgery of the Foot and Ankle, Surgical Skills Course, Chicago, IL
    - Certificate of Completion, December, 1998
* **Licensure**
  + Virginia Board of Medicine, License to practice podiatry, #0103001044, 1997 to present
  + DEA License, #BL6056471, 1997 to present
* **Certifying Boards**
  + American Board of Foot and Ankle Surgery
    - Board Certified in Reconstructive Rearfoot & Ankle Surgery, July, 2004
    - Board Certified in Foot Surgery, July 2002
    - Diplomate, July 2002
  + National Board of Examiners - Diplomate, May 1997
  + American Board of Podiatric Medicine
    - Sports Medicine Board Certification Exam, Subject Matter Expert, 5/2022
      * Development of criteria for passing score
* **Professional Associations**
  + American Podiatric Medical Association - Member, 2000 to present
  + American Academy of Podiatric Sports Medicine
    - Fellow, January 2010 to present. Associate 2003-2010
  + Virginia Podiatric Medical Association
    - Member, 2000 to present
    - Former Executive Committee Member-at-Large
* **Clinical Papers**
  + **Lane, G., Segal, N., Smith, C.; Interview. Conducted by** Shams-Pirzadeh, A., Retzlaff, K**: “Tips for Addressing Leg Length Discrepancy in Osteoarthritis”, *The Rheumatologist,10 Jan. 2021, https://www.the-rheumatologist.org/article/tips-for-addressing-leg-length-discrepancy-in-osteoarthritis/***
  + Lane, G.D.; A Novel Technique to Determine Foot Contribution to Limb Length Discrepancy. JAPMA. 107:340-41, July/August 2017.
  + Lane, G.D., Malhotra, S., Davis IV, J; The Podiatrist’s Role in Treating Running Injuries in Today’s Society. Podiatry Management, February 2013.
  + Lane, G.D.; New Technique for Digital Fusion with Cannulated Screw. JFAS, March 2005.
  + Lane, G.D., London, B.; Heel Spur Syndrome: A Retrospective Report on the Percutaneous Plantar Transverse Surgical Approach. JFAS, November 2004.
  + Grandi, R., Lane, G.D., Pozarny, E.; Venous Aneurysm of the Foot: a Case Report. JAPMA, 2000.
  + Pontious, J., Lane, G.D., et.al.; Lesser Metatarsal V-Osteotomy for Chronic Intractable Plantar Keratosis. Retrospective Analysis of 40 Procedures. JAPMA. 88:323, 1998.
  + Lane, G.D.; Subtalar Joint Instability. Sterling-Harford Anatomic Society. 144-156, May 1997.
  + Lane, G.D., Friedman, M.; Cerebral Palsy and its Podiatric Relevance. Instep. 19:13, 1995
* **Lectures/Public Appearances/Other Publications and Positions**
  + **Featured guest speaker – Credit Union Cherry Blossom 10 Mile & 5K, 4/5/2024**
  + Running team podiatrist – Virginia Capital Fitness, 2024 to present
  + **Running injury and footwear expert columnist, Richmond Road Runners Club Quarterly Newsletter – *Miles and Minutes,* 2015-present**
  + **American Academy of Podiatric Sports Medicine annual scientific conference, guest speaker & workshop coordinator, 10/14/2023**
    - **“Update on Technologies, Design, and Function of Running Shoes”**
  + **Virginia Podiatric Medical Association annual scientific conference, guest speaker, 8/11/2023**
    - **“Update on Technologies, Design, and Function of Running Shoes”**
  + International Foot and Ankle Foundation featured guest speaker, 1/2013
    - “My Perspective on Running injuries”
    - “Total Contact Custom Orthotics a New Paradigm”
    - “Correlation Between Running Injuries & Foot Strike Mechanics”
  + Washington Hospital Ctr.: Guest Speaker - Podiatric Residency Program, 9/2012
    - “My Perspective on Running Injuries”
    - “The Runner’s Health and Performance Institute”
  + Potomac River Running’s “Ask the Experts” Panel, Leesburg, VA. 8/2012
  + Numerous athletic group, corporate, expo, physician, and physician resident lectures, screenings, and educational seminars, 2000-present
* **Current Hospital & Faculty Staff Positions**
  + HCA Chippenham Hospital and HCA Johnston-Willis Hospital, Richmond, VA
* **Prior Hospital & Faculty Staff Positions**
  + Bon Secours St. Mary’s Hospital and ASC, Richmond, VA
  + Bon Secours St. Francis Hospital and ASC, Midlothian, VA
  + INOVA Fair Oaks Hospital, past Podiatry Section Chief
  + Reston Hospital Center, past Podiatry Section Chief
* **Community Service/volunteering**
  + Sports Backers marathon training support crew, 2018
  + Jeanie Schmidt Free Clinic Podiatrist – 2005-2013
  + Foot screenings and educational talks given at various sites, 1995 to present
* **Professional Honors**
  + Certificate of Outstanding Contribution: Medical Literature Reviewer, *JFAS 2016*
  + Top Doctor in Sports Medicine award – *Washingtonian Magazine 2010*